

**REGISTERED COMPANY NUMBER: SC366908 (Scotland)**  
**REGISTERED CHARITY NUMBER: SC027000**

**Report of the Trustees and**  
**Unaudited Financial Statements for the Year Ended 31 March 2021**  
**for**  
**Carers of East Lothian**

J S Accounting Services Limited  
13-15 Morningside Drive  
EDINBURGH  
EH10 5LZ

**Carers of East Lothian**

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for the Year Ended 31 March 2021**

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## Carers of East Lothian

### Report of the Trustees for the Year Ended 31 March 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

Carers of East Lothian's mission statement is to "support all adults in a caring situation in East Lothian to get information and services to help their individual caring role, enhance their own wellbeing and strengthen their collective voice to improve services". We focus on seeking to ensure that carers are and have:

- Better informed about issues relevant to their caring role
- Improved confidence in managing their caring role
- Improved confidence that they influence the shaping of support for the person/people they care for and for themselves
- Improved physical, mental and emotional wellbeing
- Improved confidence about their financial circumstances
- Involved in the development of plans, strategies and services for the people they care for and for carers in general
- That their care, knowledge and commitment is valued and respected by others

##### **Significant activities**

Carers of East Lothian provides a range of support services for Carers in East Lothian:

##### 1 to 1 Support for carers

Much of our work involves Carer Support Workers working directly with carers on a one to one basis to provide them with support. This is a personalised service which includes information on all aspects of caring, including support to navigate social care systems, help with applying for Powers of Attorney, and a confidential 'listening ear' which understands the pressures of being in a caring role.

##### Help with accessing welfare benefits and other grants and financial support

Assistance with financial and welfare benefits issues, including our Benefits Enquiry Phonenumber. Addressing these concerns helps reduce stress on carers and enables them to continue to care.

##### Counselling Service

Our specialist counselling service offers carers the chance to explore and express the thoughts and feeling they have around their caring role, to support them to feel better able to cope.

##### Respite and breaks from caring

We support carers to overcome the barriers to them accessing breaks from caring. We are also funded to provide small grants to carers to enable them to take a break from caring.

##### Training and Support Groups

We arrange training and information sessions for carers and organise support groups across the county to provide carers with the opportunity for peer support.

##### Carer Panel and Strengthening Carers' Collective Voice

We work closely with East Lothian Health and Social Care Partnership (ELHSCP) and others to ensure that carers' needs and concerns influence policy development and lead to improved local services and structures. As part of this approach, we support a group of carers and former carers to come together on a monthly basis to discuss relevant issues and solutions.

## Carers of East Lothian

### Report of the Trustees for the Year Ended 31 March 2021

#### **OBJECTIVES AND ACTIVITIES**

##### **Outputs and Outcomes Achieved**

The trend for increasing demand for our support continues. In 2020/21 we provided direct support to 2,454 individual carers, a significant increase on previous years, including 656 carers who were referred to us for the first time. By the end of the year we were in contact with 4,896 carers.

We supported carers, and the people they care for, to claim over £1,150,000 in annualized welfare benefits, working with 440 carers on benefits issues along with over 300 carers accessing our specialist benefits helpline.

We set up a new project, Connections for Life, with funding from the People's Postcode Trust, to support carers whose loved ones are at risk of suicide, and have retained the skills within the organisation to continue to deliver these sessions beyond the initial project funding.

We also focused on improving quality assurance, gaining a number of key accreditations to demonstrate our commitment to high standards, becoming Disability Confident (Committed), Carer Positive (Engaged) and an accredited Living Wage employer.

The COVID-19 crisis clearly influenced our work during the period, as we initially moved our workforce to home working, carrying out ongoing risk assessments and planning to ensure our approach fitted carers' needs and our requirements as an employer throughout the pandemic. Additional support to carers in this time included one-off 'COVID check' calls, reaching out to carers to offer support for new issues arising due to the pandemic, offering a range of additional grants to support carer wellbeing, address financial insecurity, and help parent carers cope better during the early stages of the crisis, and supporting carers to access up to date vaccine information.

Carers continue to report very high satisfaction rates with our service. We maintained a 99% approval rating from the feedback received by carers. Over 90% of carers agreed that our support increased their confidence, almost 95% reported feeling better able to cope, and 88% said they felt they had a better balance following our support. The Board remains very satisfied that both the quality of our support and its effectiveness is being maintained despite increasing demands on our services, and will continue to monitor this.

##### **Future Plans**

Over the coming year, we will work to develop a renewed Strategic Business Plan to identify and outline our priorities for the future. This planning process will build on the work we have done to adapt our services throughout the coronavirus crisis and will involve key stakeholders of the organisation, including Trustees, staff, and, of course, carers.

We will build on our person centred approach to supporting carers, giving all staff the opportunity to complete Solutions Focused Therapy training and commit to being a trauma-informed organisation, reviewing our office environment and work practices to ensure they are right for the post-COVID environment.

We will take forward new developments following our success in winning the contract to provide adult carer support services across East Lothian, including building a more robust approach to Volunteer involvement through the employment of a Volunteer Coordinator, and the set up of a peer-based Befriending project.

#### **FINANCIAL REVIEW**

##### **Financial review**

Carers of East Lothian's overall financial position improved in 2020/21. Our net income significantly increased due to additional funding, particularly due to additional grants secured and awarded throughout the COVID crisis.

In addition, we were successful in securing the contract to provide adult carer services across East Lothian to June 2023, with the option of an additional two years' extension. The tender process provided the opportunity to reflect on the organisation's existing structure and priorities, which led us to submit a bid including greater emphasis on counselling, volunteering and peer support.

## **Carers of East Lothian**

### **Report of the Trustees for the Year Ended 31 March 2021**

#### **FINANCIAL REVIEW**

##### **Principal funding sources**

Our principal funding comes from East Lothian Council and NHS Lothian via a number of different funding streams. Increasingly the strategic direction of funding for carer support is being influenced via directions from the Integrated Joint Board of the ELHSCP.

##### **Reserves policy**

Carers of East Lothian's policy is to hold reserves to a level representing at least 3 months' operating costs in order to guarantee the continuation of our services to carers in the event of any temporary shortfall in funding and to meet unexpected costs.

Our total reserves have increased over the year and we now hold £78,559 in unrestricted reserves at the end of 2020/21, which represents approximately 2 months operating costs. Our reserves remain below target and we will continue to work to diversify and increase our income streams in the coming year.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

##### **Recruitment and appointment of new trustees**

Trustees are elected by the members at the AGM or may be co-opted by the Board during the year. Trustees are recruited through a formal application process, references and interview with current Trustees. Trustees are also subject to PVG checks.

The maximum number of Trustees is 15. No more than 4 Trustees can be co-opted and any Trustee who was co-opted must have their appointment confirmed by election by the members at the subsequent AGM. Trustees are elected for a 3 year term and can stand for re-election for a second 3 year term. Any Trustee who has been elected for 2 consecutive terms must resign from the Board for a period of at least 1 year before they can stand for election again.

The work of the organisation is guided by a 5 year rolling Business Plan. Trustees adopt an annual budget and work plan at the beginning of the financial year and meet approximately every 2 months to monitor and evaluate progress against objectives. Operational matters are delegated to the CoEL Director for implementation.

##### **Related parties**

Carers of East Lothian is a member of the Coalition of Carers in Scotland, the Scottish Carers Centres Network, Carers Scotland and Shared Care Scotland. Carers of East Lothian has core Service Level Agreements with East Lothian Council, NHS Lothian, and East Lothian Health and Social Care Partnership which set out the funding arrangements and level of services required and other mutual obligations between the partner agencies.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Company number**

SC366908 (Scotland)

##### **Registered Charity number**

SC027000

##### **Registered office**

East Lothian Community Hospital  
Alderston Road  
Haddington  
East Lothian  
EH41 3PF

**Carers of East Lothian**

**Report of the Trustees  
for the Year Ended 31 March 2021**

**Trustees**

H Lynch  
Mrs S L Van Den Broek  
Mrs G Wilson  
D Binnie (resigned 25.1.21)  
J Buckley  
J Conway  
J Poole  
S Steven  
T Michie (appointed 25.10.21)

**Company Secretary**

J Wade

**Independent Examiner**

Alison Miller  
Chartered Accountant  
J S Accounting Services Limited  
13-15 Morningside Drive  
EDINBURGH  
EH10 5LZ

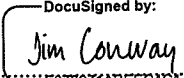
**Bankers**

Royal Bank of Scotland plc  
36 High Street  
Tranent  
East Lothian  
EH33 1HQ

Clydesdale Bank plc  
140 High Street  
Musselburgh  
East Lothian  
EH21 7DZ

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on ..... 12/14/2021 ..... and signed on its behalf by:

DocuSigned by:  
  
..... F678271ABEECA1C1.....  
J Conway - Trustee

**Independent Examiner's Report to the Trustees of  
Carers of East Lothian**

I report on the accounts for the year ended 31 March 2021 set out on pages six to fourteen.

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity's trustees consider that the audit requirement of Regulation 10(1)(a) to (c) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under Section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

**Basis of the independent examiner's report**

My examination was carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention :

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
- to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations; and
  - to prepare accounts which accord with the accounting records and to comply with Regulation 8 of the 2006 Accounts Regulations

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*Alison Miller*

Alison Miller  
Chartered Accountant  
J S Accounting Services Limited  
13-15 Morningside Drive  
EDINBURGH  
EH10 5LZ

Date: .....14/12/2021.....

**Carers of East Lothian****Statement of Financial Activities**  
**for the Year Ended 31 March 2021**

	Notes	Unrestricted funds £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	205,748	290,583	496,331	479,307
Investment income	3	2	-	2	155
<b>Total</b>		<u>205,750</u>	<u>290,583</u>	<u>496,333</u>	<u>479,462</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Provision of carers support		212,582	248,904	461,486	424,989
Hosted Project - NB Connections		-	17,548	17,548	21,418
<b>Total</b>		<u>212,582</u>	<u>266,452</u>	<u>479,034</u>	<u>446,407</u>
<b>NET INCOME/(EXPENDITURE)</b>		<u>(6,832)</u>	<u>24,131</u>	<u>17,299</u>	<u>33,055</u>
<b>Transfers between funds</b>	9	<u>(1,636)</u>	<u>1,636</u>	<u>-</u>	<u>-</u>
<b>Net movement in funds</b>		<u>(8,468)</u>	<u>25,767</u>	<u>17,299</u>	<u>33,055</u>
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<u>87,027</u>	<u>39,485</u>	<u>126,512</u>	<u>93,457</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>78,559</u></u>	<u><u>65,252</u></u>	<u><u>143,811</u></u>	<u><u>126,512</u></u>

The notes form part of these financial statements



**Carers of East Lothian****Balance Sheet**  
**31 March 2021**

	Notes	Unrestricted funds £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
<b>CURRENT ASSETS</b>					
Cash at bank		90,791	79,411	170,202	142,725
<b>CREDITORS</b>					
Amounts falling due within one year	7	(12,232)	(4,050)	(16,282)	(12,463)
<b>NET CURRENT ASSETS</b>		<u>78,559</u>	<u>75,361</u>	<u>153,920</u>	<u>130,262</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		78,559	75,361	153,920	130,262
<b>ACCRUALS AND DEFERRED INCOME</b>	8	-	(10,109)	(10,109)	(3,750)
<b>NET ASSETS</b>		<u>78,559</u>	<u>65,252</u>	<u>143,811</u>	<u>126,512</u>
<b>FUNDS</b>					
Unrestricted funds	9			78,559	87,027
Restricted funds				65,252	39,485
<b>TOTAL FUNDS</b>				<u>143,811</u>	<u>126,512</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

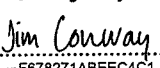
The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 12/14/2021 and were signed on its behalf by:

DocuSigned by:  
  
 J Conway - Trustee

The notes form part of these financial statements

**Carers of East Lothian**

**Notes to the Financial Statements  
for the Year Ended 31 March 2021**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Charitable expenditure**

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

**Governance costs**

Governance costs include costs of the preparation and examination of the statutory accounts, the costs of trustee meetings and the costs of any legal advice to trustees on governance or constitutional matters.

**Support costs**

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objective of the charity.

Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area of purpose.

**Carers of East Lothian****Notes to the Financial Statements - continued**  
**for the Year Ended 31 March 2021****2. DONATIONS AND LEGACIES**

	31.3.21	31.3.20
	£	£
Donations	4,135	7,396
Grants	451,827	457,313
Grants for carers	40,369	14,598
	<u>496,331</u>	<u>479,307</u>

Grants received, included in the above, are as follows:

	31.3.21	31.3.20
	£	£
East Lothian Council	134,651	107,628
NHS Lothian	284,605	310,881
East Lothian Council - NB Connections)	14,954	26,243
SCVO - CATS Funds	-	11,195
Share Care Scotland	1,372	1,366
SCVO	2,000	-
The Hunter Foundation	1,800	-
Peoples Postcode Lottery	5,055	-
University of Edinburgh	1,890	-
Foundation Scotland	5,000	-
Groundwork UK	500	-
	<u>451,827</u>	<u>457,313</u>

**3. INVESTMENT INCOME**

	31.3.21	31.3.20
	£	£
Deposit account interest	<u>2</u>	<u>155</u>

**4. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

**Trustees' expenses**

Expenses were re-imbursed to the trustees for costs incurred attending Trustee meetings amounting to £Nil (2020- Nil).

**Carers of East Lothian****Notes to the Financial Statements - continued**  
**for the Year Ended 31 March 2021****5. STAFF COSTS**

11 FTE staff members during the 2021 period.

**6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	210,176	269,131	479,307
Investment income	155	-	155
<b>Total</b>	<u>210,331</u>	<u>269,131</u>	<u>479,462</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Provision of carers support	200,255	224,734	424,989
Hosted Project - NB Connections	-	21,418	21,418
<b>Total</b>	<u>200,255</u>	<u>246,152</u>	<u>446,407</u>
<b>NET INCOME</b>	10,076	22,979	33,055
<b>Transfers between funds</b>	<u>(4,180)</u>	<u>4,180</u>	<u>-</u>
<b>Net movement in funds</b>	5,896	27,159	33,055
<b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>	81,131	12,326	93,457
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u><u>87,027</u></u>	<u><u>39,485</u></u>	<u><u>126,512</u></u>

**7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.21	31.3.20
	£	£
Social security and other taxes	6,657	5,987
Other creditors	9,127	5,978
Accrued expenses	498	498
	<u>16,282</u>	<u>12,463</u>

**Carers of East Lothian****Notes to the Financial Statements - continued**  
**for the Year Ended 31 March 2021****8. ACCRUALS AND DEFERRED INCOME**

	31.3.21	31.3.20
	£	£
Accruals and deferred income	10,109	3,750
	<u>10,109</u>	<u>3,750</u>

The following income was received during the year which relates to future project funding. The funds have therefore been deferred:

North Berwick Trust - NB Connections	-	3,750
Peoples Postcode Lottery	10,109	-
	<u>10,109</u>	<u>3,750</u>

**9. MOVEMENT IN FUNDS**

	At 1.4.20	Net movement in funds	Transfers between funds	At 31.3.21
	£	£	£	£
<b>Unrestricted funds</b>				
Core funds	87,027	78,969	(87,437)	78,559
General Carer Support	-	(85,801)	85,801	-
	<u>87,027</u>	<u>(6,832)</u>	<u>(1,636)</u>	<u>78,559</u>
<b>Restricted funds</b>				
Grants received for Carers	10,662	(7,766)	-	2,896
Short Breaks Carers Support	-	3,935	-	3,935
Financial Inclusion Carer Support	-	2,123	-	2,123
Hospital Link Carer Support	4,764	13,930	-	18,694
Mental Health Carer Support	-	(1,516)	1,516	-
General Carer Support	-	(120)	120	-
SCVO - Digital Charter	57	-	-	57
SCVO - CATS Funds	5,486	-	-	5,486
Hosted Project - NB Connections	5,928	(2,591)	-	3,337
Counselling	6,983	6,276	-	13,259
Parent Carer Project	5,605	81	-	5,686
Project Work	-	7,895	-	7,895
PPT	-	1,884	-	1,884
	<u>39,485</u>	<u>24,131</u>	<u>1,636</u>	<u>65,252</u>
<b>TOTAL FUNDS</b>	<u>126,512</u>	<u>17,299</u>	<u>-</u>	<u>143,811</u>

**Carers of East Lothian****Notes to the Financial Statements - continued**  
**for the Year Ended 31 March 2021****9. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
Core funds	137,250	(58,281)	78,969
General Carer Support	68,500	(154,301)	(85,801)
	<u>205,750</u>	<u>(212,582)</u>	<u>(6,832)</u>
<b>Restricted funds</b>			
Grants received for Carers	40,369	(48,135)	(7,766)
Short Breaks Carers Support	44,500	(40,565)	3,935
Financial Inclusion Carer Support	43,501	(41,378)	2,123
Hospital Link Carer Support	40,000	(26,070)	13,930
Mental Health Carer Support	25,262	(26,778)	(1,516)
General Carer Support	-	(120)	(120)
Hosted Project - NB Connections	14,955	(17,546)	(2,591)
Counselling	25,301	(19,025)	6,276
Parent Carer Project	43,250	(43,169)	81
Project Work	8,390	(495)	7,895
PPT	5,055	(3,171)	1,884
	<u>290,583</u>	<u>(266,452)</u>	<u>24,131</u>
<b>TOTAL FUNDS</b>	<u>496,333</u>	<u>(479,034)</u>	<u>17,299</u>

**Comparatives for movement in funds**

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.20 £
<b>Unrestricted funds</b>				
Core funds	81,131	89,333	(83,437)	87,027
General Carer Support	-	(79,257)	79,257	-
	<u>81,131</u>	<u>10,076</u>	<u>(4,180)</u>	<u>87,027</u>
<b>Restricted funds</b>				
Grants received for Carers	5,504	5,158	-	10,662
Short Breaks Carers Support	-	(210)	210	-
Financial Inclusion Carer Support	1,068	(4,464)	3,396	-
Hospital Link Carer Support	-	4,764	-	4,764
Mental Health Carer Support	-	(574)	574	-
SCVO - Digital Charter	57	-	-	57
SCVO - CATS Funds	1,676	3,810	-	5,486
Hosted Project - NB Connections	4,021	1,907	-	5,928
Counselling	-	6,983	-	6,983
Parent Carer Project	-	5,605	-	5,605
	<u>12,326</u>	<u>22,979</u>	<u>4,180</u>	<u>39,485</u>
<b>TOTAL FUNDS</b>	<u>93,457</u>	<u>33,055</u>	<u>-</u>	<u>126,512</u>

**Carers of East Lothian****Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021****9. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
Core funds	141,831	(52,498)	89,333
General Carer Support	68,500	(147,757)	(79,257)
	<u>210,331</u>	<u>(200,255)</u>	<u>10,076</u>
<b>Restricted funds</b>			
Grants received for Carers	14,598	(9,440)	5,158
Short Breaks Carers Support	44,499	(44,709)	(210)
Financial Inclusion Carer Support	43,500	(47,964)	(4,464)
Hospital Link Carer Support	40,000	(35,236)	4,764
Mental Health Carer Support	25,263	(25,837)	(574)
SCVO - CATS Funds	11,196	(7,386)	3,810
Hosted Project - NB Connections	23,325	(21,418)	1,907
Counselling	23,500	(16,517)	6,983
Parent Carer Project	43,250	(37,645)	5,605
	<u>269,131</u>	<u>(246,152)</u>	<u>22,979</u>
<b>TOTAL FUNDS</b>	<u>479,462</u>	<u>(446,407)</u>	<u>33,055</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
<b>Unrestricted funds</b>				
Core funds	81,131	168,302	(170,874)	78,559
General Carer Support	-	(165,058)	165,058	-
	<u>81,131</u>	<u>3,244</u>	<u>(5,816)</u>	<u>78,559</u>
<b>Restricted funds</b>				
Grants received for Carers	5,504	(2,608)	-	2,896
Short Breaks Carers Support	-	3,725	210	3,935
Financial Inclusion Carer Support	1,068	(2,341)	3,396	2,123
Hospital Link Carer Support	-	18,694	-	18,694
Mental Health Carer Support	-	(2,090)	2,090	-
General Carer Support	-	(120)	120	-
SCVO - Digital Charter	57	-	-	57
SCVO - CATS Funds	1,676	3,810	-	5,486
Hosted Project - NB Connections	4,021	(684)	-	3,337
Counselling	-	13,259	-	13,259
Parent Carer Project	-	5,686	-	5,686
Project Work	-	7,895	-	7,895
PPT	-	1,884	-	1,884
	<u>12,326</u>	<u>47,110</u>	<u>5,816</u>	<u>65,252</u>
<b>TOTAL FUNDS</b>	<u>93,457</u>	<u>50,354</u>	<u>-</u>	<u>143,811</u>

**Carers of East Lothian****Notes to the Financial Statements - continued**  
**for the Year Ended 31 March 2021****9. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
Core funds	279,081	(110,779)	168,302
General Carer Support	137,000	(302,058)	(165,058)
	<u>416,081</u>	<u>(412,837)</u>	<u>3,244</u>
<b>Restricted funds</b>			
Grants received for Carers	54,967	(57,575)	(2,608)
Short Breaks Carers Support	88,999	(85,274)	3,725
Financial Inclusion Carer Support	87,001	(89,342)	(2,341)
Hospital Link Carer Support	80,000	(61,306)	18,694
Mental Health Carer Support	50,525	(52,615)	(2,090)
General Carer Support	-	(120)	(120)
SCVO - CATS Funds	11,196	(7,386)	3,810
Hosted Project - NB Connections	38,280	(38,964)	(684)
Counselling	48,801	(35,542)	13,259
Parent Carer Project	86,500	(80,814)	5,686
Project Work	8,390	(495)	7,895
PPT	5,055	(3,171)	1,884
	<u>559,714</u>	<u>(512,604)</u>	<u>47,110</u>
<b>TOTAL FUNDS</b>	<u>975,795</u>	<u>(925,441)</u>	<u>50,354</u>

**10. OTHER FINANCIAL COMMITMENTS**

Members' liability

The charity if a private company limited by guarantee and consequently does not have share capital. Each of the members is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

**11. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2021.

**12. ULTIMATE CONTROLLING PARTY**

The charity is controlled by the trustees who are all directors of the company.