**Carers Panel Provisional Agenda 27.9.23**

*Hybrid meeting Tantallon Room and zoom*

*Present: J. Aston, P. Gordon, J. Campbell, J. Mcallister, L. Sandie, M.Scrimgeour,*

*M. Turnbull*

*Facilitated by: G.Twells-Davison,*

*Guest: M. Burton, Carers Strategy Officer*

*Apologies: A. Bissett, D. Binnie, H. Doig, M.Baxter*

**Meeting Agenda**

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| **Summary of actions from previous meeting** | GTD shared short update of August meeting with MSP’s to the rest of the panel inc Courier mention.Welcomed JM to the panel for first meeting after joining the recent meeting with MSP’s. JM introduced herself to the panel and shared a little about her caring role.  |
| **Regular updates from Jess**  | Shared during the meeting, although panel did not have much chance to read through as was sent at short notice. No questions raised in the meeting about report, but panel were asked to send any questions following the meeting.  |
| **Communications and Engagement Coordinator update** | Gemma shared that under new appointment, she is working with Jess Wade on CoEL Comms and Engagement plan and asked whether panel would like to feedback on the plan once at draft stage since the plans contribute towards all of the organisational outcomes and link in with a lot of the panels focus areas- panel agreed that it would be useful for them to be involved. |
| **Short Breaks Statements** | Maria Burton Carers' Strategy Officer joined the panel. Maria took feedback from the panel about Short Breaks Statement. Feedback points were given as follows: * Transparency around cost of breaks required at start of document
* Could questions be included instead of contents list to make it easier to navigate to area of importance – panel members felt main questions were: What is available? How much does it cost? How long and how can I take it?
* Could images/ graphics be incorporated to reduce wordy sections? Eg. A picture of the sort of break you can take
* Case studies too long/ question raised about whether they were real/ relatable - Maria confirmed case studies are real
* Discussion around where short breaks statements should be placed to be accessible to carers: places where carers have time to be eg. Doctors surgeries, hospitals, supermarkets, covid vaccination areas, children with disability team staff to hand directly to families, libraries, pharmacy, day centres, GP’s
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| **Think Carer – Carers’ Stories** | Gemma shared Anne’s presentation with panel members and asked for panel members who are keen to be involved in training redevelopment to let Gemma know. A few small suggestions were made around placement of images in Anne’s story, which will be taken on board.  |
| **A.O.B.**  | 1.COCIS annual event – 4.10.23. Gemma will attend with M. S and J. M. Discussed that the three of them would feedback to rest of panel at future meeting.2.Next meeting – 22.11.23 13:30 – 3:00. Shubhanna Hussain Ahmed will join to deliver a session on Carers’ Rights for the panel. The session will be held the day before Carers’ Rights Day. 3. December panel meeting date will be changed due to clash with date for CoEL Christmas party. Gemma will liaise with panel about this. M.T. asked panel whether anyone had seen the recent film from Alzheimers Research UK. Panel members had not seen it. Gemma agreed to share the email from M.T with the rest of the panel. M.T raised that the video had created a reaction on social media and led to a response from Alzheimers Scotland. L.S asked about TFM. Gemma confirmed that this is currently open to applications but that there is currently a wait of 6-8 weeks. Carers cannot apply if they have received a grant within the last 12 months, so carers should apply from 10 months since they last received.  |