



Stepping Stones

Local Bereavement Support

The *Stepping Stones* bereavement support programmes, offered by a team of trained local people for a number of years, have been relaunched, so that support for those who are bereaved can be offered on a monthly “drop-in” basis, rather than an extended programme.

Stepping Stones will offer an opportunity to meet with other bereaved folk, access information and support, and benefit from the insights of our experienced resource team. It is offered to anyone locally who is living with loss.

Stepping Stones

will meet in

*The Port Seton Community Centre
on the second Tuesday of every month
from 7 to 8.30pm*

If you would like more information, please contact the programme co-ordinator by e-mail at:

steppingstones.mail@gmail.com