**Carers Panel Meeting Note 27.2.25**

**Present:** J. Howie, D. Bartholemew, K. Holak, K. Greig, D. Binnie

**Apologies**: L. Sandie, A. Somerville, P.Lanson, P. Gordon,J. Mcallister, M. Mitchell, S. Steven

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| **Matters arising from last meeting*** ID Cards – Clarification that yc ID card has had 60 applications so far and smart card process will continue to be followed.
* Terms of Reference – No amendments were suggested. TOR for next review in Jan 27.
* Meeting dates – room booking procedure at ELCH has changed and meetings beyond August have been cancelled. Please keep dates in diary and I will try to book for same rooms. Members to be updated if there are changes to the rooms as we go along.

Difference to next meeting was discussed.**Thursday March 27th 2025** – *This meeting will be held at the slightly different time of 9:30 – 10:55 and will be in the Community Hall on the ground floor of ELCH. The technology is not as superior as upstairs in the hospital, so please try to attend in person if possible. I’ll still try to work out remote access but we are unlikely to have sound tracking tech.***Thursday May 8th 2025** – 10 – 11:30 Traprain Room **Thursday June 26th 2025** – 10 – 11:30 Traprain Room**Thursday August 14th 2025** – 10 – 11:30 Pefferburn Room |
| **GP Practice project update**D and K talked through progress made to date on P Practice Network presentation. Members looked over content of the presentation so far and were satisfied with the content. 1 member asked if training would be provided in delivering presentations. Any need for training will be established at next meeting when volunteers are established. Panel member JH raised a possible contact who could support with training in presentation delivery. Further work to be completed before next meeting and item will remain on the agenda for further discussion. Member DB shared that they are happy to be involved in presentation to the network. Still awaiting confirmation of whether members are able to visit the network.  |
| Carers WeekGemma shared proposed plan of activities for the week:

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| **Mon** | **Tue** | **Wed** | **Thurs** | **Fri** | **Sat** |
| Morning – Hanging Baskets @Amisfield CONFIRMED |  | Wellbeing Activities TBC | Walk with a countryside ranger CONFIRMEDMale carer group barge trip CONFIRMED | Foxlake CONFIRMEDMay involve presence of MSP | Parent Carer film TBC Cycle TBC |
| Afternoon- Carers lunch Venue TBC (Potential HRFC)May involve presence of MSP | Evening-Silent meditation and walk in Gifford Community Woodlands TBC | Golf sessions at MonktonhallCONFIRMED | Afternoon - Arts and crafts activity TBC |  |  |

No suggestions for further activities for the week. Member KH to continue to discuss with Night Owl. KH will update GTD. |
| **Web forums** Introducing an online forum that are built into CoEL website, to enable carers to support each other and themselves through online peer support opportunities. Forum helps CoEL meet the following outcome:* Carers are supported to maintain their own physical, emotional, and mental wellbeing

Feedback very positive on the purpose of the web forums. Members were asked to generate some discussion topics on the forums. All were happy to look at this. Discuss further at next meeting.  |
| DB gathered feedback on new EL charging policy from members.  |
| JH shared some feedback from carers about group agreement circulation amongst Care to Sing members. GTD agreed to raise these views with management and feedback to panel members after the meeting. This action was taken immediately following panel meeting. Decided course of action for group facilitators to discuss carer feedback further and respond accordingly. GTD thanked JH for raising this via the Carers Panel.  |
| Next meeting date: 27.3.25 |