Pearls catch the sunlight

Memories of my
wedding-day pearl necklace,
old-fashioned jewellery,
fantasy pearl finding,
simple, classic, timeless,
symbolising celebration
and happiness.

The clock ticks,
the tide ebbs and flows,
the pearls catch the sunlight
marking the carer role.
The wisdom of caring,
growing and flowing
towards the light of hope,

moving with time
and patience through
the deep dark water,
similar to a pearl, adapting to
and making the best
of the situation,
hidden, isolated,
shaped inside its shell,
clam closed, working hard
to help make its contents shine.

Pearl, a secret endeavour, unknown,
unseen, valuable, layers laid down
over years of love and endurance
its layers, only revealed later.

Carers of East Lothian

Carer Support Group, August 2026